

ALDER D'PASS

IN SEARCH FOR HAPPINESS

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A STORY OF LOVE AND PASSION



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Governador Valadares
Alderaci Brasileiro Passos
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PREFACE

After long years of Reading many books and studies on spiritualist, psychic, metapychic, philosophical, psychological, paranormal, spiritualism, buddhism and religion, among other issues such as hypnosis, sleepwalking, animism, suggestion, relaxation and meditation we had in august 2006, the inspiration to write this book and its purpose. At that time, I had no idea what I would write in later books, nor the philosophical bias I would adopt and develop.

I confess that I only had the intuition that I should errand the Faculty of Philosophy and that, from now on, I should dedicate myself to the study and research of the existential question of human happiness without further pretensions. But, in the course of my philosophy studies, while till in college, new questions arose, such as for example, the question of human feeling, love e passion, which led me to write the following two books: DearCarol.com and Phenomenology of love. These books basically address the relationship of human feeling with happiness and unhappiness. Later, as I broadened my

knowledge of philosophy, new questions were presented, such as: about the existence of the soul and spirit, metaphysics and ontology, morals and philosophy of mind and spirit; issues such as the genesis of the physical cosmos, genesis and evolution of living beings in general, and of human beings in particular, the spiritual self, the psychic interaction of man with worldly reality explained by the theory of Psychosm, the psi-interactive cosmos.

We only tried to follow the intuitions I received and never act in a preconceived way or with other interests than writing for lay people in general and not just for academics and scholars of philosophy, with the objective of clarifying and guiding people in search of happiness, self-knowledge and spiritual fulfillment.

In this sense, we follow a line that aims at four main objects, namely: 1) knowledge of the purpose of earthly life, expanding people’s vision for their self-realization and self-knowledge; knowledge of human reality; the reason for human pain and unhappiness and to show that it is possible to be happy by elaborating a theory of the “F” point of happiness; 2) we also developed a theory of knowledge of the physical cosmos and of the interactivity between the physical and psychic cosmos, allowing the knowledge of what psychosm is – the psi-interactive reality – the earthly (material) world as we perceive it as a real and objective thing; 3) the development of a metaphysical theory of pure rational (the priori) knowledge; a theory of the formation and structure of the universe – the theory of the universal programmatic scheme – as a scheme that orders all

physical and biological phenomena in the generation and corruption of every being, object or living being, including man; 4) as well as a philosophy of the spirit justifying the problem of knowledge (epistemology), as well as the theory of Q.M. – how “quantum” mental, which explains in a simple way the condition of possibility for man to evolve, expanding his understanding and metaphysical knowledge of the universal material reality.

We defend that knowledge is essential for human Evolution, self-knowledge self-realization, transcendence and happiness. Without knowledge, the human being would be nothing more than a mere animal without ethics and without rationality. In this sense, the rational faculty is the necessary condition for the generation of philosophical and scientific knowledge, pillars of contemporary humanity.

Without philosophical knowledge we would not have knowledge of things – what is – the essence of beings and entities; nor would we know the reason for the existence of beings – because things exist – instead of nothing existing; nor would we know why things exist, the purpose of life and human beings; without scientific knowledge we would not have the technological benefits of today, medicines, medicine, current locomotion and communication, automobiles, planes, computers, internet. Knowledge is what defines the human being! Man is a being of knowledge. Knowledge is the very essence of every human being, even those who are unaware or do not recognize its relevance.

We recognize that religion, although it does not actually produce knowledge, is necessary in the formation of morals, character and spiritual virtues, consolidating the evolution and spirituality of every human being. In this sense, religion is the first condition in the formation of the human spirit, preparing it for its evolutionary journey; We also recognize that Science is a necessary instrument for the exercise of intellectual and rational faculties; without science, man would not evolve in knowledge of himself and the phenomenal nature of the physical cosmos and its interactive and temporal nature; but, only philosophy can give us knowledge of the being of things and of man; only it allows us to know the essence of the being of things, of their ultimate nature; only philosophy can tell us what man and the universe are.

INTRODUCTION

"NOSCE TE IPSUM"¹

Every real or fictional story must contain a beginning, middle and end its narrative. The fundamental characteristic of every good story is the emotional intensity of the drama. When we talk about drama, we are basically referring to a peculiar way in which human beings experience experiences and express them with greater or lesser emotional intensity. Therefore, we are talking about a peculiar language of human beings which is interpersonal, emotional communication, or as it is used in philosophy: intersubjective. Drama and emotion are an inseparable binomial and are part of the human existential conflict.

It is the nature of the rational mind to act in an attempt to resolve its conflicts and thus end the pain.

¹ Phrase inscribed on the portico of the temple of Delphi of the god Apollo, in ancient Greece. In latin it is written "*nosce te ipsum*"; in English it is written "gnôthi seauton", and in portuguese Brazilian it is written "know yourself" (conhece-te a ti mesmo).

But, acting without knowing the reason for the pain almost Always generates more conflicts and consequently more pain, that is, what we call unhappiness. Which implies that the knowledge of human nature – knowing yourself – is fundamental for the solution of the existential conflict and for the transcendence towards full happiness. However, to understand the reason for the human existential conflict is to know the reason for human existence, to know the reason for the purpose of life, is to have the key that reveals the essence of the human being. In order to understand the genesis of human pain, it is necessary to know the nature of the human mind and the essential being, the “I” or spiritual being, which ultimately will lead us to the “know yourself Socratic and the greek people” of Antiquity. This is the essential question that implies the relevance of human knowledge.

Like every story, mine also has it drama however, with a differential: my story is real, it is true and lived. It is not a work of fiction created by the more or less wild imagination of a writer. It is a true account involving real people. It is an authentic human drama experienced by a real person, like every human being, hence its importance and validity as a universal example of human existential conflict is something inherent to the human species according to the degree of mental and spiritual Evolution, of each individual.

The idea of writing this book came to me along with the revelation of the Mystery of the universal Trinity, in the early hours of august 14, 2006, more or

less between 4 or 5 am, in Copacabana, in the wonderful city of Rio de Janeiro.

After a couple of days of meditating and analyzing the meaning of the revelation, I concluded that in itself, alone, it was not the most important part. But, together with the story of my life, it would be the introduction to another book that I had been writing for some time and, in which I try to expose the foundations of a new Philosophical Science – Psychosmology – and a new cosmological concept, of the universe and of this world of this reality – Psychosm – the psi-interactive reality

My story begins in the present time (2006), narrating in the first chapter how the Mystery of the universal Trinity was revealed to me and, in the last chapter what its meaning, considered a holistic view of the Universe.

So, we have the beginning and end of my story. But, what about the middle of the story? The environment is my drama, the conflicts the suffering, the doubts and indecisions inherent to every human being; it is the narrative of the path I followed until the moment the revelation was given to me, indicating to me the path I should follow from now on, what I should write and the task I should perform.

There is also an aspect that every narrative must have: it is the moral of the story, that is, what it wants to convey to us. Our intention is not to give moral lessons or advice to tell people what to do or not to do, but, sharing with the reader the facts experienced by us that

can help him when he feels alone and abandoned, without Direction and without north, when the feeling of “emptiness” invades his soul, his heart and he feels the pain of loneliness, ingratitude and despair on their road of life, as well as demonstrating that life has a purpose and that all suffering is the product of the human mind and its lower degree of spiritual evolution, but, that it is possible to overcome this mental state and transcend, evolving spiritually to a higher degree in pursuit of happiness.

There is not a human being who at some point in his life has not gone through some suffering, through a phase of existential conflict, through an experience that has reached its limit and thought: “I can’t live this life any longer!” To tell my story is to tell how I followed my path and how, by expanding the degree of my mental level ² I reached the certainty that we human beings, in general, live alienated, deluded in this world, in this reality; that’s when, too, I realized that life has a purpose. But what is the purpose of the existence of beings in general and, in particular, of the human being? In the quest to understand such questions, through study, reflection and meditation, naturally my mind had a certain degree of mental breadth that provided me with the key to understanding these and other fundamental questions that would explain the reason for human existence and unhappiness, as well as to elaborate a new theory of intelligence knowledge and happiness. It took

² The expression. “mental level” means the degree of amplitude of the mind – the Q.M. (Quantum Mental) – the ability to understand and apprehend certain concepts and ideas. Not the same meaning of “I.Q.”, of intelligence applied by Science, but of the degree of spiritual evolution